

Final Details for Castlemorton Common 20th September 2020

Note that there will be **no** entry on the day, in line with British Orienteering Guidelines.

Reminder You should not attend if:

- You are unwell with a cough, fever, or other Covid-19 symptoms
- You have been in close contact with a suspected or confirmed case of Covid-19 during the pre-scribed quarantine period, even if they are completely symptom free
- You have returned from any overseas country and consequently are in a self-quarantine period even if you are completely Covid symptom free
- You are undergoing Covid testing for suspected Coronavirus
- You have been advised by a health professional

Travel and car parking: The event will be signed from the junction of the B4208 and the road up the common, OS sheet 150 GR SO 787389, nearest postcode WR13 6JB.

Parking is in the Malvern Hills Trust Swinyard car park at OS sheet 150 GR SO 765381, HR8 1EU.

Pay and display tickets costs £4.50 per day (the MHT do check regularly). **Only card payments** are currently accepted.

If the car park becomes full, the Malvern Hills Trust have suggested using a layby about 500 m south of the car park at SO 764376.

Please travel in your orienteering kit if you can. If you need to change before or after your run, please do so in the car in order to maintain social distancing.

Scoring system: This is a **one hour** score event. Each control is worth 20 points. The penalty for being late is 1 point per 6 seconds or part thereof. For those who collect all of the controls and return to the finish in less than one hour, there is a bonus of 1 point per 6 seconds they are under one hour.

Note that there are 32 controls. These will fit on an older dibber, but those hoping to visit all of the controls should be careful not to punch any control twice.

Map: A3 at scale 1:7500. Updates in 2020 by Brian and Kay Hughes. Maps will be rolled up to make it easier to pick up one map without touching the others. Control descriptions are on the front of the map. There will be **no** loose control descriptions.

Start: The start is just across the road from the Swinyard car park. Please don't come to the start area until a few minutes before your start time and then keep 2m apart from other competitors.

At the pre-start there will be hand sanitiser – please use it. **Hired dibbers** will also be there in envelopes with name and dibber number on. Make sure that you run on the SI card you used to enter the event; if you do not then problems will not be resolved at download but we will try to do so after the event. **Whistles** are compulsory.

On the course: Stay at least 2m away from other competitors and from members of the public. Avoiding potential exposure to COVID 19 is more important than saving a few seconds at a control. Move away from controls after punching them and away from the finish area after punching the finish.

Avoid touching the SI boxes when you punch them. Note that SIAC will **not** be enabled.

Take care if crossing the minor road up the common. Be aware that you may encounter cattle, sheep or horses on the common.

Download: This will be in a car parked at the NorthEast corner of the car park. The download unit will be on a table next to the car. Split times printouts will not be provided and results will not be displayed at the event. They will be uploaded as the event finishes, signal permitting.

Facilities: What nature provides.... i.e. there will be no toilets at the event. Please be discreet! There will be a first aid kit available.

There will be no enquiries/registration. If you have a query, ask the organiser (Babs Ford) who will be at the start.

Officials: Organiser: Babs Ford baf.hoc@gmail.com 01386 40246 or 07854 729603
Planner: Ian Gamlen
Controller: Adrian Bailey

Final reminders: Keep your distance from everyone. This includes in the car park, at the start, on the course, at download and when back in the car park.

You are acting as an ambassador for the sport of orienteering at all times. Consider how your actions may appear in the eyes of landowners or members of the public.

...and most importantly, enjoy your run!