

Results of COBOC Sevens Event 26 October 2016					
	Long Course 5.5K				
	Name	Age Class	Club	Time taken	
1	Ben Rauffett	M21	COBOC	42.20	
2	Emils Vainovskis	M20	COBOC	44.56	
3	Andis Ozols	M35	IND	49.18	
	Ian Gamlen	M50	COBOC	64.23	missing no 5
	Adrian Bailey	M50	HOC	73.56	missing no 4
	Medium Course 3.3K				
1	Mick Sadler	M65	COBOC	42.39	
2	Marian White	W55	HOC	43.06	
3	Andy White	M60	HOC	45.23	
4	Steve Nightingale	M65	HOC	47.23	
5	Yvonne Feasey	W50	COBOC	54.28	
	Mike Dugmore	M75	HOC	56.43	missing no 5
	Jenny Hunter	W55	COBOC	32.53	missing nos 2-7